# **Suggested Household Chores and Organizational Techniques Related to Career Education for Young Children**

* Select clothes to wear.
* Put dirty clothes in the clothes hamper.
* Load and unload clothes from the dryer.
* Help to fold laundry (small, flat items like washcloths first).
* Put clothes in designated drawers.
* Put matching shoes together in the closet.
* Set the table, in line with simple expectations at first, such as setting a spoon and bowl for cereal or giving everyone a napkin.
* Put dishes in the dishwasher, using silverware and unbreakable items at first or using plastic plates, bowls, and glasses.
* Put toys in a toy chest or other designated storage space marked with the child’s name in print or braille, or with a tactile or pictorial label.
* Pick up and put away art or craft-making supplies.

# **Suggested Household Chores and Organizational Techniques Related to Career Education for Elementary School Students**

* Sort clothes for the laundry.
* Measure and put soap into the clothes washer.
* Help to fold or hang clothes and put them away.
* Put soap and dishes in the dishwasher.
* Empty the dishwasher and put dishes away.
* Put away groceries.
* Take out the trash.
* Bring in the mail.
* Help prepare meals, using a microwave and stove.
* Set the table.
* Hang clothes in the proper closet after use.
* Pack clothes for camp or vacation trips.
* Pick up and put away school supplies and sports equipment.
* Help younger siblings.
* Label possessions and storage compartments.
* Rake and bag leaves or weed a garden.

Source: Figure 24.3 & 24.5 from Chapter 24 "Career Education" by Karen E. Wolffe in *Foundations of Education, Third Edition, Volume II: Instructional Strategies for Teaching Children and Youths with Visual Impairments* (2017) by M. Cay Holbrook, Cheryl Kamei-Hannan, & Tessa McCarthy (Eds.). Used with permission of American Printing House for the Blind.